

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Helga Scholtz**

Has successfully participated & completed the

**5km Cowhouse Spring Trail Run 2016**

held at Cowhouse Market.

**TIME 00:36:43**

**PACE 07:19/km**

**OVERALL 13 of 64**

**GENDER 6 of 39**

**OPEN 3 of 26**

29 October 2016, Sat

Date



*BoutTime*

Signature

